

## Metoidioplasty Consultation Questionnaire

### Questions About General Experiences

Where can I ask questions between today's consultation visit and surgery?

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Where can I ask questions after surgery while recovering?

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What are your average wait times for surgery after consultation?

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Who will be my main surgeon?

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Can I see photos of your results for patients with similar anatomy?

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### Questions About Surgical Techniques

Do you perform any of the following surgeries:

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| <input type="radio"/> Vaginectomy                        | <input type="radio"/> Urethral Lengthening |
| <input type="radio"/> Hysterectomy                       | <input type="radio"/> Scrotoplasty         |
| <input type="radio"/> Oophorectomy                       | <input type="radio"/> Monsplasty           |
| <input type="radio"/> Salpingectomy                      | <input type="radio"/> Perineoplasty        |
| <input type="radio"/> Testicular Prosthesis Implantation |  |

Out of the above procedures, are they done in one or multiple stages?

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What do you prioritize in your results?

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What implant sizes are typical for testicular implantation?

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### Questions About Functionality

How much of my anatomy can be released from metoidioplasty?

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How much visible length do you estimate I will see after recovery?

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What about my anatomy might limit my results?

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What is the realistic worst-case outcome for me?

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What metoidioplasty technique do you recommend for my anatomy?

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Will tissue grafts be needed?

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Based on my anatomy, am I a good candidate for urethral lengthening?

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What do you define as success regarding standing urination?

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What percentage of patients are labeled as successful by your definition versus personal definitions?

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Do any of your patients achieve shallow penetration?

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What length is required for shallow penetration?

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What happens to erotic sensation after surgery? Is sensitivity usually increased, decreased, or unchanged?

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## Questions About Risks & Complications

What are the most common issues associated with standing to pee, such as spraying or dribbling?

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Find out more at [transsolidarityproject.org/metoidioplasty-consultation-questions](https://transsolidarityproject.org/metoidioplasty-consultation-questions)

What is your fistula and stricture rate?

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What are your complication rates for scrotoplasty, such as migration or rejection?

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Are there any risks of numbness?

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What kind of scar patterns should I expect?

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### **Questions About Recovery**

How long after metoidioplasty until I can pee standing up?

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How long after metoidioplasty until I can return to normal physical activity?

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How long after metoidioplasty until I can resume sexual activity?

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How long will I need to wear a catheter?

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How long after metoidioplasty until I can return home?

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How long after metoidioplasty until I can resume driving?

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How long after metoidioplasty until I can use substances like alcohol?

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When can I return to work after surgery?

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How painful do patients report recovery is?

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### **Questions About Revision**

What is the process if a fistula or stricture occurs?

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What is the process if migration or rejection occurs?

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How often do your patients need revisions?

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What is the revision process like?

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How long after surgery must I wait before pursuing revisions?

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### **Questions About Cost & Insurance**

Do you have patient navigators or social workers available to assist with costs?

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What is the total estimated cost?

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What does the total quote include?

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Do you offer payment plans?

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### **Questions About Preparation**

Do I need electrolysis or hair removal?

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Should I stop smoking or vaping before surgery?

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Are there any medications I must stop taking?

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What lab work or medical clearances are required?

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What fertility options should I consider?

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### **Questions About Long-Term Outcomes**

What are patients most surprised about regarding surgery?

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What do patients struggle to adjust to after recovery?

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What do long-term results typically look like?

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How do implants hold up over time?

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What kind of follow-up care do you provide?

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